Date	Item	Variety	Brand	Size	Old Price	New Price	Change	% of Change
02/07/22	6 Crackers	Six Cracker Assortment	Savoritz	13.1 oz	\$3.45	\$2.95	-\$0.50	-14.49%
07/02/21	85% Lean Ground Beef Chub			16.0 oz	\$3.19	\$4.09	\$0.90	28.21%
10/27/21	Artisan Flavored Cheese	Assortment	Emporium Selection	4.0 oz	\$3.49	\$3.29	-\$0.20	-5.73%
09/27/21	Beef	Fresh Chuck Roast - USDA Choice (sold per lb.)	Black Angus	1.0 lb	\$6.79	\$5.99	-\$0.80	-11.78%
08/22/21	Bite Size Salami	Spicy	Appleton Farms	8.0 oz	\$5.49	\$6.19	\$0.70	12.75%
08/22/21	Bite Size Salami	Original	Appleton Farms	8.0 oz	\$5.49	\$6.19	\$0.70	12.75%
02/01/22	Boneless Half Pork Butt Roast	(sold per lb.)		1.0 lb	\$2.79	\$2.99	\$0.20	7.17%
11/15/21	Boneless Spiral-Sliced Ham	Boneless Spiral-Sliced (sold per lb.)	Appleton Farms	1.0 lb	\$2.99	\$3.99	\$1.00	33.44%
11/15/21	Broccoli Florets	Steamable	Season's Choice	12.0 oz	\$0.89	\$0.95	\$0.06	6.74%
02/01/22	Bulk Italian Sausage	Ground Mild		16.0 oz	\$2.85	\$2.99	\$0.14	4.91%
10/18/21	Cake Mix	Classic Yellow, Devil's Food or White	Baker's Corner	15.3 oz	\$0.85	\$0.89	\$0.04	4.71%
11/22/21	Canola Oil		Carlini	48.0 oz	\$2.85	\$2.98	\$0.13	4.56%
9/27/21	Cheese block	Monterey Jack or Pepper Jack	Happy Farms	8.0 oz	\$1.45	\$1.69	\$0.24	16.55%
01/27/20	Cheese Dip		Clancy's	15.0 oz	\$2.29	\$2.45	\$0.16	6.99%
03/29/21	Cherry Pie Filling	Filling or Topping	Baker's Corner	21.0 oz	\$1.95	\$2.15	\$0.20	10.26%
02/15/22	Chicken	Fresh Split Breast, sold per lb.		1.0 lb	\$1.69	\$1.79	\$0.10	5.92%
02/07/22	Chicken Breast	Chunk	Brookdale	12.5 oz	\$2.25	\$2.75	\$0.50	22.22%
02/01/22	Chicken Breast Tenderloins	Chicken Tenderloins, Fresh Antibiotic Free (sold per lb.)	Never Any!	1.0 lb	\$5.49	\$5.69	\$0.20	3.64%
02/15/22	Chicken Drumsticks	Family Pack	Kirkwood	1.0 lb	\$1.79	\$1.39	-\$0.40	-22.35%
12/04/18	Chicken Strips	Crispy		25.0 oz	\$4.99	\$5.09	\$0.10	2.00%
04/06/22	Chicken Tenderloin	Fresh Family Pack (price valid 04/06/22)		1.0 lb	\$3.79	\$4.69	\$0.90	23.75%
04/22/19	Chicken Tenders	Parmesan Herb Encrusted	Kirkwood	28.0 oz	\$5.99	\$8.79	\$2.80	46.74%
08/28/19	Coconut Breaded Butterfly Shrimp	Jumbo	Fremont Fish Market	9.0 oz	\$3.99	\$4.99	\$1.00	25.06%
10/07/19	Condensed Soup	Cream of Mushroom	Chef's Cupboard	10.5 oz	\$0.49	\$0.50	\$0.01	2.04%
11/22/20	Cooked Shrimp	Medium Cooked	Sea Queen	12.0 oz	\$5.49	\$6.49	\$1.00	18.21%
07/27/20	Crunchy Fish Fillets		Fremont Fish Market	19.0 ea	\$2.95	\$3.35	\$0.40	13.56%
12/07/18	Dried Cranberries		Southern Grove	6.0 oz	\$1.29	\$1.59	\$0.30	23.26%
04/16/21	Flavored Lemonade	Raspberry	Nature's Nectar	52.0 foz	\$1.79	\$1.99	\$0.20	11.17%
10/27/21	Fondue	Swiss Raclette	Emporium Selection	7.0 oz	\$5.89	\$5.49	-\$0.40	-6.79%
10/18/21	Fresh USDA Choice Seasoned Chuck Roast	Bourbon Brown Sugar or American Homestyle - sold per lb.	Butcher Van Gourmet	1.0 lb	\$5.99	\$4.89	-\$1.10	-18.36%
03/21/22	Grapes	Red, sold per lb.		1.0 lb	\$1.29	\$1.29	\$0.00	0.00%
01/10/22	Ground Beef	Organic Grass Fed 85/15	Simply Nature	1.0 lb	\$5.35	\$5.49	\$0.14	2.62%
06/04/21	Ground Beef Roll	73/27		3.0 lb	\$7.75	\$8.79	\$1.04	13.42%
09/06/21	Half Pork Loin	Fresh, sold per lb.		1.0 lb	\$2.99	\$2.09	-\$0.90	-30.10%
02/25/22	Italian Sausage	Mild or Hot		19.0 oz	\$3.49	\$3.99	\$0.50	14.33%
09/06/21	Large Cooked Shrimp		Fremont Fish Market	1.0 ea	\$5.99	\$6.49	\$0.50	8.35%

06/13/21	Marshmallows	Regular	Baker's Corner	10.0 oz	\$0.85	\$0.95	\$0.10	11.76%
10/05/20	Mini Cream Puffs		Specially Selected	22.0 oz	\$4.89	\$4.95	\$0.06	1.23%
10/05/20	Mini Eclairs		Specially Selected	27.4 oz	\$4.89	\$4.95	\$0.06	1.23%
12/20/21	Orange Juice	From Concentrate	Nature's Nectar	128.0 oz	\$3.09	\$3.49	\$0.40	12.94%
09/27/21	Organic Blueberries		Simply Nature	24.0 oz	\$5.29	\$5.95	\$0.66	12.48%
09/27/21	Organic Strawberries		Simply Nature	24.0 oz	\$5.29	\$5.95	\$0.66	12.48%
10/11/21	Parmesan Cheese	Wedge	Emporium Selection	8.0 oz	\$3.69	\$3.89	\$0.20	5.42%
04/06/22	Peppers	Multi- Colored pack		3.0 pk	\$3.39	\$2.99	-\$0.40	-11.80%
02/14/22	Pineapple	Whole		1.0 ea	\$1.59	\$1.29	-\$0.30	-18.87%
02/01/22	Pineapple Chunks		Sweet Harvest	20.0 oz	\$1.15	\$1.18	\$0.03	2.61%
08/14/19	Pomegranate Plum 100% Juice		Simply Nature	64.0 oz	\$2.69	\$2.89	\$0.20	7.43%
06/26/21	Popcorn Chicken		Kirkwood	25.5 oz	\$4.19	\$3.79	-\$0.40	-9.55%
08/20/20	Pork Chops	Thin Sliced Boneless Center		1.0 ea	\$3.49	\$4.99	\$1.50	42.98%
12/14/21	Potatoes	White Round		10.0 lb	\$2.79	\$3.99	\$1.20	43.01%
11/29/21	Powdered Sugar		Baker's Corner	32.0 oz	\$1.39	\$1.33	-\$0.06	-4.32%
06/14/21	Prosciutto		Appleton Farms	4.0 oz	\$2.69	\$2.79	\$0.10	3.72%
01/04/22	Quinoa	Organic	Simply Nature	16.0 oz	\$2.89	\$2.95	\$0.06	2.08%
02/06/21	Raw Mixed Nuts	Cashews, Walnuts, and Macadamia Nuts	Simply Nature	8.0 oz	\$4.99	\$5.29	\$0.30	6.01%
02/06/21	Raw Mixed Nuts	Almonds, Pecans, Pistachio Kernels	Simply Nature	8.0 oz	\$4.99	\$5.29	\$0.30	6.01%
09/20/21	Salad Dressing	Organic Chipotle Ranch	Simply Nature	16.0 oz	\$1.79	\$1.49	-\$0.30	-16.76%
09/20/21	Salad Dressing	Organic Ranch	Simply Nature	12.0 oz	\$1.79	\$1.49	-\$0.30	-16.76%
09/20/21	Salad Dressing	Organic Poppy Seed	Simply Nature	12.0 oz	\$1.79	\$1.00	-\$0.79	-44.13%
09/20/21	Salad Dressing	Organic Aged Balsamic	Simply Nature	16.0 oz	\$1.79	\$1.49	-\$0.30	-16.76%
09/20/21	Salad Dressing	Organic Caesar	Simply Nature	12.0 oz	\$1.79	\$1.49	-\$0.30	-16.76%
09/20/21	Salad Dressing	Organic Oil & Vinegar	Simply Nature	12.0 oz	\$1.79	\$1.49	-\$0.30	-16.76%
10/18/21	Saltine Crackers	Original	Savoritz	16.0 oz	\$0.79	\$0.84	\$0.05	6.33%
03/21/22	Scalloped Potatoes	Scalloped or Au Gratin Potatoes	Chef's Cupboard	4.7 oz	\$0.85	\$0.69	-\$0.16	-18.82%
02/28/22	Semi-Sweet Chocolate Chips	Semi-Sweet Chocolate Morsels	Baker's Choice	12.0 oz	\$1.59	\$1.09	-\$0.50	-31.45%
12/04/18	Solid White Tuna		Northern Catch	5.0 oz	\$1.06	\$1.39	\$0.33	31.13%
12/20/21	Sparkling Water	Belle Vie Sparkling Lemon Flavored Water	PurAqua	12.0 ct	\$2.65	\$2.95	\$0.30	11.32%
03/08/22	Sparkling Water	Belle Vie Sparkling Lime Flavored Water	PurAqua	12.0 ct	\$2.99	\$2.95	-\$0.04	-1.34%
12/20/21	Sparkling Water	Belle Vie Sparkling Grapefruit Flavored Water	PurAqua	12.0 ct	\$2.65	\$2.95	\$0.30	11.32%
07/05/21	Sugar	Granulated Sugar	Baker's Corner	4.0 lb	\$2.07	\$2.37	\$0.30	14.49%
10/04/21	Tortilla Chips	Triangles - Family Pack	Pueblo Lindo	24.0 oz	\$3.28	\$3.79	\$0.51	15.55%
03/28/22	Vegetable Broth	Organic	Simply Nature	32.0 oz	\$1.79	\$1.49	-\$0.30	-16.76%
12/14/21	Whipped Topping	Regular	Fit & Active	8.0 oz	\$0.79	\$0.85	\$0.06	7.59%
12/14/21	Whipped Topping	Regular	Friendly Farms	8.0 oz	\$0.79	\$0.85	\$0.06	7.59%
10/18/21	Whole Chickens	Twin Pack (Sold Per Lb.)	Kirkwood	1.0 lb	\$0.97	\$1.09	\$0.12	12.37%